



180°

Fitness & Spa

An Exquisitely Exclusive Experience

Indulge yourself in a world of wellness and relaxation and allow calm energy to flow freely. Inside our spa, your world will instantly spin a bit slower. Stress vanishes and melts away. Pamper yourself from head to toe, and choose a treatment that relaxes your body and mind, preserves your youth, and rejuvenates your skin. Within this serene ambiance of pleasure, nothing matters but your well-being, and we offer several indulgent treatments to achieve it.

FACIAL

Ingrid Millet, Paris "Caviar Sea Energy"

Ingrid Millet is one of the best premium products used to moisturize and regenerate all skin types and ages. Based on caviar, essential oils, and AHA, Ingrid Millet re-energizes cell renewal and slows down signs of premature aging. Our professional beauticians will be choosing from our prestigious facial treatments menu to meet your skin needs.

Le Soin Mini

Mini facial with exfoliation and massage, for all skin types

40min

\$40

Le Soin Nettoyant

Exfoliates and eliminates blackheads, cleans and softens the skin, for all skin types

60min

\$70

Le Soin BOTOX A Dieu La Chirurgie

Devitalizes skin and prevents the onset of wrinkles, rebuilds the skin in depth and enhances optimal nutrition.

Mask Collagen Caviar & Riche

90min

\$160

Le Soin Lumière L'éclat Au Rendez Vous

Restores brightness, unifies complexion, and revitalizes the skin.

Mask Gel Patch'c

90min

\$120

Le Soin Puch

Devitalizes skin with a genuine treatment of thalassotherapy for strengthening.

Mask Collagen Caviar

75min

\$140

Le Soin Remodelant Belle Comme Avant

Fights skin laxity, enhances dull complexion, and eliminates wrinkles

Mask Thermique Thalassocaviar & Hydro-Retenteur

90min

\$130

Le Soin Repareteur Le Pansement De La Peau

Renews skin elasticity. For dry and sensitive skin

Mask Modelant Thalassocaviar

90min

\$110

Le Soin Coup De Baguette

Hydrates and moisturizes skin, gives an anti-aging effect. For all skin types.

Masque Duo

60min

\$90

Le Soin Cocktail En Masque

Devitalizes skin, re-energizes malfunctioning cells, and strengthens skin with an aquamasque moisturizer
Mask Collagen AHA & Aquamask

75min \$130

Le Soin Remodelant *Redessine Notre Visage*

Relaxes dull skin complexion and wrinkles with a natural 'lifting' reshaping effect
Mask Thermique Biostructure

75min \$120

Le Soin Osmose *Le Verre D'eau A La Peau*

Radiates and regulates the hydration of dry skin.
Masque Modelant Aquacontrol

75min \$100

Le Soin Contour Des Yeux

Reduces the appearance of fine lines, lightens and brightens the eyes, and alleviates dark circles through an effective cooling and decongesting treatment
Mask Collagene AHA

30min \$45

Le Soin Douceur *Plonger Dans Les Huiles Essentielles*

Aroma sensitive effect for dry, sensitive, and reactive skin
Mask Modelant Aroma Fraîcheur

60min \$110

Le Soin Cocooning

Restructures and strengthens to enhance radiance of the skin, aroma effect youth for sensitive and dry skin
Mask Modelant Aroma Sensitive Hydro-Apaisant

60min \$100

Le Soin Oxygenant

Purifies, invigorates, and regulates to provide a luminous and transparent look to the face. For mixed skin types
Mask Modelant Aroma Fraîcheur Oxygene

60min \$90

Le Soin 180° Signature *“La Peau Tourne a 180° et Retrouve Sa Beauté”*

Experience a very special treatment that fights wrinkles, restores brightness, and renews elasticity.
It will be followed by a gentle hand exfoliation therapy.
Mask Thermique, Feuille Collagène Caviar, Duo Mask

120min \$180





BODY THERAPIES

Rose and Pepper “Well-being with a French touch”

Natural high quality products recall the world of fragrance and gastronomy: the vine flower with its subtle scent of white rose and pink pepper, the grape and its native regions as a source of inspiration. Rose and Pepper symbolically represents olfactory and indulging beauty rituals, a treatment for both men and women. At the heart, Rose and Pepper products are natural, prepared using high-quality and authentic raw materials with beneficial powers and evocative scents.



MASSAGE

Discover an ultimate experience and release your daily stress with our Thai therapists. The wide variety of Rose and Pepper oils are chosen according to each treatment and case.

Aroma Massage Rejuvenates, soothes, relaxes, and eases tension	60min 90min	\$70 \$90	Hot Stone Therapy De-stresses through a warming, hot basalt stone massage based on chakra points	90min	\$110
Back Massage De-stresses, relieves stiffness and tension	30min	\$40	Traditional Thai Massage Utilizes the art of reflexology, acupressure and assisted yoga pressure without the use of oil	60min 90min	\$65 \$85
Deep Tissue Full Body Massage Stimulates circulation, regenerates lymphatic flow, and revives fatigued muscles	60min 90min	\$80 \$100	Reflexology Massage Healing pressure massage focusing on specific reflex points on the feet	30min 60min	\$30 \$50
Deep Tissue Full Body Massage with Reflexology Balances, energizes, regenerates lymphatic flow, and revives fatigued muscles	90min	\$95	Hot Oil Massage Utilizes gentle to strong stroke techniques to create a sensation of warmth and comfort	60min 90min	\$75 \$100
Shoulder Head and Neck Improves skin and muscle elasticity, and stimulates spinal nerve well-being	30min	\$30	Shiatsu Massage Releases tension through pressure with thumbs, fingers, and palms without the use of oil	60min	\$60
Shirodhara Head Massage Steam of warm herbal oil on the forehead followed by a head, face, neck and shoulder massage.	30min	\$40	Duo Massage A choice of either Aroma or Deep Tissue massage that offers a double dose of benefits Reconnect and enjoy each other's company.	60min	\$135
Ayurvedic Massage Eliminate toxins through purification, strengthens the muscle tone, heals and rejuvenates the body	60min	\$90			



SCRUB & WRAP

Body Scrub

Body Scrubs are a special addition to the skin care routine. They help to remove dead skin cells for smoother and softer looking skin. Choose your favorite scent from the wide varieties at Rose and Pepper and feel the freshness and softness of your skin. For better results, body wraps are recommended after the body scrubs.

Lavender Purifying, moisturizing, and relaxing tender balm "Vine Flower" to leave your skin fabulous calmness and softer	40min	\$50
Rosemary Purifying with a new generation of tender balm scrub "Vine Rose" to leave your skin wonderfully fresh and perfumed with a subtle vine flower scent	40min	\$50
Blossom Orange Hydrating and regenerating the beauty of the skin with "Sweet Shea Butter" to leave your skin nourished and moisturized with the fragrance of Blossom	40min	\$50
180° Signature Treatment This treatment begins with a foot ritual, followed by an orange blossom body scrub and wrap, and ends with a full body candle massage leaving the skin feeling luminous.	140min	\$160

Body Wrap

It's a vital mud and Shea butter body experience with a detoxifying effect that releases water retention. Your body is cocooned with the warmth of the heated blanket to promote a deeper penetration of active ingredients, rebalance the body, and relieve the muscle tension. Face and scalp massages are included in your treatment.

Lavender Relaxing and purifying, enhances serenity and peacefulness along with an application of a cold eye mask gel	40min	\$50
Grape & Lotus Anti-oxidant, firming, and anti-aging that includes heating balls all over the face	40min	\$50
Heating wrap with ginger Anti-oxidant that increases circulation and followed by a honey massage	100min	\$115
Slimming Consult our therapist for your free consultation in order to get the best treatment and to take your before/after measurements for monitoring.		
Wrap slimming with seaweeds Enhances the lymphatic circulation, facilitates weight loss by eliminating toxins and tones up the tissues	45min	\$50
Drainage lymphatic – Ventouse Lipomassage with essential oils, highly effective in reducing cellulite	50min	\$80



MEDICAL THERAPY

Our qualified physiotherapists will have a full review about the client's history and will perform his/her own assessment in order to determine the problem and develop an effective treatment plan.

Consultation

The therapist will diagnose the problem and set a suitable treatment program.

30min \$30

Electrotherapy

Reduces the pain and increases the body's muscle strength by using the latest medical electrotherapy machine.

20min \$20

Ultrasound Therapy

Decreases the pain and reduces inflammation in the treated area by using the newest Ultrasound machine.

20min \$20

Tension Release Therapy

This treatment releases any muscle tension.

20min \$15

Stretching Massage

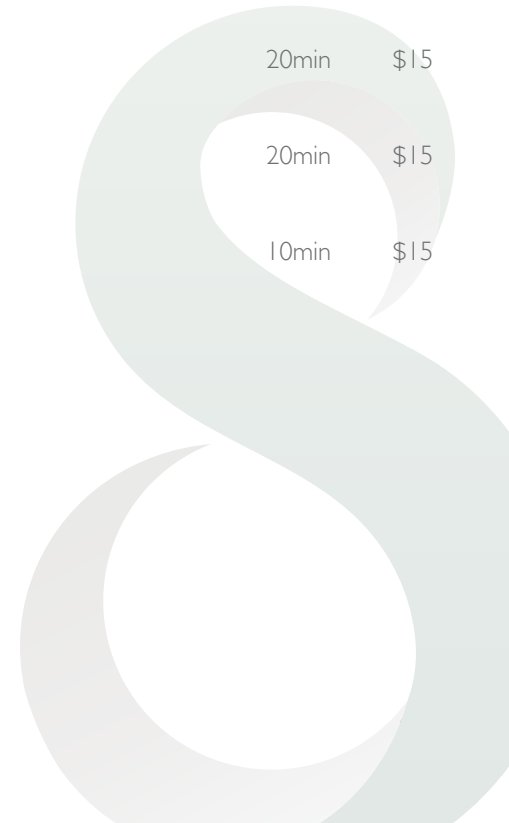
This treatment reduces any soreness caused by overtraining.

20min \$15

Neurodynamic

This treatment releases nerve tension.

10min \$15





NAIL TREATMENTS

Essie “Radiate Sleek and Chic”

Repolish Vernis

Includes filing, moisturizing, and polishing

15min \$6

Express Manicure

Includes filing, cuticle pushing, buffing and polishing

20min \$10

Express Pedicure

Includes filing, cuticle pushing, buffing and polishing

20min \$10

Manicure

Includes nail shaping, cuticle care, moisturizing and polishing

45min \$12

Pedicure

Includes nail shaping, cuticle care, moisturizing and polishing

45min \$15

Deluxe Manicure

The ultimate luxury treatment, in addition to the basic manicure, includes an exfoliating and smoothing mask followed by intensive hand lotion.

60min \$20

Deluxe Pedicure

The ultimate luxury treatment, in addition to the basic pedicure, includes an exfoliating and moisturizing mask followed by a nourishing oil and Shea Butter cream massage

60min \$25

False Nails

Includes express manicure, nail, reshaping and polishing

40min \$20

Essie Gel Color Long Lasting

For all Mani-Pedi addicts: Gel nail polish is a major saver-it dries instantly, lasts for weeks, and doesn't chip.

40min \$25

“Gentle Man”icure and Pedicure

Tidies, buffs, and moisturizes nails

60min \$25

180° Signature Manicure

Banish the basic service and get a Mani-Pedi makeover, in addition to a heated Paraffin, application of polish if desired

60min \$25

180° Signature Pedicure

Banish the basic service and get a Mani-Pedi makeover, in addition to a heated Paraffin, application of polish if desired

60min \$30

Plus Paraffin

Nourishes, soothes, and moisturizes nails

15min \$10



HAIR REMOVAL

Honey waxing is a form of semi-permanent hair removal procedure which removes the hair from the root. Enjoy soft, silky skin for a period of four to six weeks.

Lip or Chin	5min	\$5
Face	15min	\$10
Back or Chest	25min	\$15
Arms	15min	\$11
Underarms	10min	\$8
Bikini Line	8min	\$8
Full Bikini	15min	\$15
Half Legs	15min	\$13
Full Legs	30min	\$20
Full Body Wax	60min	\$40

180° Signature Wax

The lavender scent alleviates tension and relaxes the hair follicles for a clean, comfortable root extraction, whilst soothing and conditioning the skin.

An extra charge of \$2 is applicable.

It is suitable for all areas and skin types

FINISHING TOUCHES

Small touches can enhance your look.

Shaping Eyebrows	15min	\$8
Threading	10min	\$5
Eyelashes	15min	\$15

TANNING

Using the latest technology in the tanning market, our machine will provide you with a refreshing sensation by sprinkling an Aqua freeze on your body.

Single Session	10min	\$10
Buy 5 sessions and get one free	60min	\$50
Buy 10 sessions and get two free	120min	\$100



PACKAGES

Perfect Half Day

Release all your stress during a half day spa (morning or afternoon) by starting with a welcoming foot ritual, followed by a full body scrub, and full body massage that you can choose from any of our one hour menu and reflexology massage before enjoying a mini facial, ending with manicure and pedicure. Our half day spa package includes a full use of the gym, sauna, steam, pool, and Jacuzzi. Enjoy special healthy snacks from the boutique café!

4hrs \$200

Full Day Couples' Escape

Escape your day- to- day stress and relax in the peaceful atmosphere of our private spa starting with our special scrub, wrap, and a full body massage that you can choose from any of our one hour menu and shirodhara head massage, followed by a reflexology massage and ending with a facial, hand, and foot spa. Our full day spa package includes a full use of the gym, sauna, steam, pool, and Jacuzzi. A healthy lunch for two people will be served in the boutique café!

8hrs \$590

6 Treatments #7

Pamper yourself by purchasing 7 treatments same kind for the price of 6 and benefit from a 20% discount.

10 Treatments #12

Pamper yourself by purchasing 12 treatments same kind for the price of 10 and benefit from a 20% discount.

You can awaken your spirit in our tropical garden with the eight treatment rooms and private spa, where you can smell the exotic fragrance.



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